

State Based Policy and Advocacy

PALMed Member Checklist & Getting Started Guide

1. Get to know your PALMed state affiliate leadership and public policy committees
 - a. <https://paltc.org/state-chapters-o>
 - b. If no public policy committee, volunteer to start one to help coordinate these efforts with interested parties.
2. Reach out to your professional associations (AHCA, Leading Age, AMA), consider asking for the following key positions:
 - ◆ President/CEO and/or Executive Director
 - ◆ VP/Chief/Director for Policy/Reimbursement
 - ◆ VP/Chief/Director for Quality/Regulatory Affairs
 - ◆ VP/Chief/Director for Legislative Affairs/Legislative Counsel
 - ◆ VP/Chief/Director for Strategy/Communications/Marketing
 - ◆ VP/Chief/Director of Member Services
 - ◆ VP/Chief/Director of Education/Community Outreach
3. AHCA: <https://members.ahcancal.org/About-Us/Our-Affiliates>
4. Leading Age: <https://leadingage.org/state-partners>
5. AHA: <https://www.aha.org/directory/2020-06-09-state-hospital-associations>
6. AMA: <https://www.ama-assn.org/house-delegates/hod-organization/delegates-federation-societies> More difficult to find your AMA chapter, may need to be AMA member. Use google. Search for [state] medical society or [state] medical association. Often they are organized as local (e.g., county) medical societies with a state House of Delegates and a state-based organization.
 - ◆ *Please consider joining the AMA if you are not already a member, and designating PALMed as your primary affiliation.*
7. AGS: <https://www.americangeriatrics.org/about-us/state-affiliates>
8. ACP: <https://www.acponline.org/about-acp/chapters-regions>
9. AAFP: <https://app.aafp.org/sf/s/searchdirectory?id=a2331000020Q3X>

- h. CMS Regional Offices: <https://www.cms.gov/Medicare/Coding/ICD10/CMS-Regional-Offices>
 - i. QIN-QIO Contacts: <https://qioprogram.org/locate-your-qin-qio/>
3. Get to know your legislative representatives:
- a. https://openstates.org/find_your_legislator/
 - b. <https://www.congressweb.com/bha/legislators#/legislators/>
 - c. State (based on home address)
 - ◆ The state legislative body may have one or two houses.
 - Local Delegate/Member/Representative:
 - Local Senator:
 - Health Committee chair (both chambers)
 - Committee on Aging chair (both chambers)
 - Other key committees: _
 - d. Federal
 - US Representative:
 - US Senators:
 - e. For legislative staffers, consider tracking the following (recognize that some positions are combined at smaller offices such as state delegates or freshman US Representatives).
 - ◆ Chief of Staff:
 - ◆ Legislative Director:
 - ◆ Press Secretary:
 - ◆ Executive Assistant/Scheduler:
 - ◆ Member/Constituent Outreach:
 - ◆ Health Staffer:
4. Identify other Advocacy organizations or consortiums in your area
- a. Local / state contacts for:
 - ◆ AARP
 - ◆ Alzheimer's Association
 - ◆ Pioneer Network
 - ◆ CARIE
 - ◆ Consumer Voice

- ◆ Area Agency on Aging:
https://eldercare.acl.gov/Public/About/Aging_Network/AAA.aspx
 - ◆ NADONA
5. Don't forget about Assisted Living organizations
 - a. Local / state contacts for:
 - ◆ Leading Age
 - ◆ Argentum
 - ◆ CEAL
 - ◆ American Seniors Housing Association
 - ◆ Assisted Living Nurses Association
 - ◆ NCAL
 - ◆ ALFA
 6. Try to understand state agency organizational structure
 - a. Sample: <https://www.virginia.gov/agencies/>
 - b. Virginia Department of Health (Epidemiology, Public health, Licensure/Certification)
 - c. Department of Social Services
 - d. Department of Aging & Rehabilitative Services
 - e. Department of Behavioral Health & Developmental Services
 - f. Department of Emergency Management
 - g. Department of Health Professions
 - h. Department of Labor & Industry
 - i. Department of Medical Assistance Services
 - j. Division of Legislative Services
 - k. Office of the Attorney General
 - l. Office of the Governor
 7. Advocacy Resources
 - a. Congress.gov
 - ◆ <https://www.congress.gov/state-legislature-websites>
 - ◆ <https://guides.loc.gov/us-states-territories>
 - b. Multistate:
 - ◆ <https://www.multistate.us/>
 - ◆ <https://www.multistate.us/resources/2021-legislative-session-dates>

- c. GovPredict:
 - ♦ <https://phone2action.com/>
 - d. BallotPedia:
 - ♦ https://ballotpedia.org/Main_Page
 - e. StateScape:
 - ♦ <http://www.statescape.com/>
 - ♦ <http://www.statescape.com/resources/legislative/budget-timetable/>
 - ♦ <http://www.statescape.com/resources/legislative/session-schedules/>
 - ♦ <http://www.statescape.com/resources/legislative/legislative-process/>
8. National Organizations:
- a. NCLS, <https://www.ncsl.org/>
 - b. NGA, <https://www.nga.org/>
 - c. ASTHO, <https://www.astho.org/>

PALTmed Advocacy Network Guide, Getting Started

State: _____		
Organization	Contacts	Emails
PALTmed, State Affiliate	, President , Executive Director , Public Policy Chair	
AHCA/NCAL, State Affiliate	, President/CEO , Regulatory Affairs , Legislative Counsel	
Leading Age, State Affiliate	, President/CEO , Regulatory Affairs , Legislative Counsel	
Others (AGS, AMA, ACP, AAFP)		
State Legislators	Delegate/Member/Rep + Staffers	
State Senators	Senator + Staffers	
Federal Legislators (US House of Reps)	District: US Rep + Staffers	
Federal Legislators (US Senate)	US Senator 1 + Staffers US Senator 2 + Staffers	