

## EXPLORE A REWARDING CAREER IN POST-ACUTE AND LONG-TERM CARE (PALTC) MEDICINE THROUGH THE FUTURES PROGRAM

#### WHY PALTC NEEDS YOU

By 2030, 3.5 million more health-care professionals will be needed to care for our aging society.

To meet this growing demand, Post-Acute and Long-Term Care Medical Association (PALTmed) invites clinical professionals early in their career to join PALTmed's Futures Program, a PALTC workforce development initiative. Whether you're a physician, nurse practitioner, physician assistant, pharmacist, social worker or other health-care professional, a career in PALTC is very fulfilling.

#### ABOUT THE FUTURES PROGRAM

The year-long program begins with an **intensive one-day learning experience** during PALTC25, PALTmed's Annual Conference. You will be introduced to the numerous career opportunities in PALTC and network with those who work in the setting.

Following PALTC25, *Futures Connect*, our virtual program, provides ongoing resources and opportunities to network with PALTC leaders and colleagues.

#### **BENEFITS**

- Admission to the Futures Program on March 13, 2025
- Registration to PALTC25 PALTmed's Annual Conference from March 13-15, 2025, in Charlotte, NC
- One year of PALTmed membership
- Access to Futures Connect for discounted resources and networking opportunities

#### **ELIGIBILITY**

- PGY II or III Internal Medicine or Family Physician Residents
- PGY IV or V Geriatric Medicine Fellows
- Advanced Nurse Practitioners or Physician Assistants
- Allied Health professionals completing their training

Previous participants are not eligible to apply

#### **APPLICATION PROCESS**

Applicants must complete an online application and submit:

- Curriculum Vitae (CV)
- Letter of interest describing your interest in PALTC and how you think you'll benefit from the program (300 words or less)
- Letter of support from your Program Director or a PALTmed member

Visit paltmed.org to submit your application by November 18, 2024.



For me, participating in the Futures Program was life-changing. It gave me a vision for what a career in post-acute and long-term care medicine could be and provided me with a community that has helped me realize that vision."

> Suzanne Gillespie, MD, RD, CMD Futures Class of 2005 2022 PALTmed President



I think for many people, this journey towards PALTC leadership begins at the Futures Program, so I will always be a strong advocate of the program."

> Milta Little, DO, CMD Futures Class of 2010 2023 PALTmed President



My experience as a Futures participant encouraged me to redirect my practice in geriatrics and focus my effort towards achieving better: better outcomes for my patients, better practice surrounding inclusive healthcare in my community, and maintaining better self-care to continue advocacy and awareness regarding aging."

Jamyl Walker, MSN, APRN, AGNP-C Futures Class of 2016



### SET YOUR FUTURE ON A FIRM FOUNDATION



# APPLY FOR A PRESTIGIOUS FUTURES AWARD TODAY!

RETURN SERVICES REQUESTED

9891 Broken Land Parkway Suite 101 Columbia, MD 21046 www.paltmed.org

