



Foundation for PALTC Medicine

# FUTURES PROGRAM

20<sup>TH</sup> ANNIVERSARY

20 YEARS OF REFLECTION

2001 – 2021

# TABLE OF CONTENTS

3

About the  
Futures Program

4

Our Commitment  
to the Futures  
Program

5

How the Futures  
Program Began

6

Milestones

7

Futures  
Commitment to  
PALTC

8

Personal  
Reflections

13

Program Chairs

14

Program Faculty

15

Class Photos

38

Events

42

Sponsorship

44

Ways You Can  
Support

45

Thank you from  
AMDA Staff

# ABOUT THE *The Futures Program*

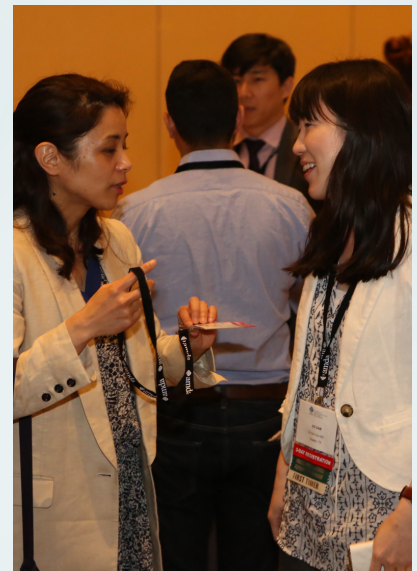
The Futures Program seeks to expose residents, fellows, and advanced practitioners to the numerous career opportunities available in post-acute and long-term care (PALTC) medicine through events at AMDA's annual conference, including the opportunity to network and enjoy the benefits of AMDA membership.



Since 2001, nearly 1,200 people have completed the Futures Program.

20% of Futures participants have received their Certified Medical Director (CMD) designation.

25% of Futures participants have taken the Core Curriculum.



# OUR COMMITMENT TO *The Futures Program*



**Heidi White, MD, MEd, CMD**  
Futures Committee Chair

One of my most rewarding professional experiences has been my time as co-chair of the Futures Program, where I served from 2008 to 2017. I believed, and continue to believe, in the Futures Program as a way to foster leadership in the important field of post-acute & long-term care (PALTC). Through the program, young practitioners learn that they have both the opportunity and the obligation to bring their energy and their perspectives to the field. Indeed, they grow to see themselves as change agents in an area where change is needed.

The participants experience the strength of the interdisciplinary team model as an effective solution to understanding and addressing the complex challenges facing the PALTC population. I have seen the transformative effects of the support provided in this, and my hope is to continue to support program participants as they progress in their maturity as providers, team members, and leaders. I hope you will join me in bringing the future to our organization and the populations we serve.



**Christopher Laxton, CAE**  
Executive Director,  
Foundation for PALTC

The Foundation's Futures Program is celebrating 20 years as the premier program to expose practitioners to the many opportunities to practice in the field of post-acute & long-term care (PALTC) medicine. There are many volunteers, AMDA Chapters, committees, and funders that contribute to our success, but really, we are all individuals working towards the same goal. We work together because all our skills are important--all of our individual contributions--since they will combine to create appropriate, ethical and quality care for the vulnerable population in our communities.

In my nine years as executive director, I have seen many innovations and new approaches in the Futures Program, but I believe the most transformative is the shift from a focus on the role of the medical director to the critical role of the interdisciplinary team in our setting. In teams, many individuals with distinct and important expertise come together to support the highest quality of care and of life for those we serve. This transformative approach must continue and is the reason you will see it at the heart of our mission. I urge us all to reflect on our roles and find the ways we can best contribute to this important work. You--each of you--are needed. We have much to celebrate in this 20th year, and there is still much work to be done.

# How the Futures Program Began



During my tenure as AMDA President and Board Chair, we tackled how to get residents and fellows, and even new physicians in practice to “fall in love” with nursing home and long-term care. It was this thinking that developed into the Futures Program. Initially, we were working hard to fill in gaps of long-term care that were rarely addressed in traditional medical education.

In 2001 our first group of 50 physicians was exposed to a whole new set of ideas that included the overview of clinical care in the nursing home setting; the role of the medical director; and a discussion of all the various opportunities that physicians could consider for their careers. And yes, back then it was just physicians - but now represents a broad range of clinicians in LTC.

One of the treasures for me from my early work with the Futures was connecting with a group of “young” physicians who would become mentees. And these “newbies” turned out to be national leaders, AMDA presidents, scholars, researchers, and health care system leaders that understood the role of post-acute and long-term care medicine. I still smile ear to ear when someone comes up to me and says “you don’t remember me, but I was in the Futures group and decided to continue in an LTC career”.

The Futures program is one of the best things that came out of the Foundation. It is possible because of those of you who have been faculty, have served as lead organizers, and have continued to contribute financially. Here’s to the next 20 years of future leaders!!!

**Cheryl Phillips, MD, CMDR  
AMDA Past President 1999-2000**



**Fun Fact:** This photo was included in my original PowerPoint presentation and handed down to faculty throughout the years.

# The Futures Program

## M I L E S T O N E S

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1999

AMDA Leadership recognizes the need to address the critical shortage of physician care providers for frail elders in our nation with the development of the Futures Program, a national program that provides information on how to pursue a career in post-acute and long-term care with a focus on medical direction.

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2001

Supported by funding from Janssen, LLC, 50 residents and fellows from across the nation attend the first Futures Program.

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2009

The Foundation begins a grassroots campaign to fund the popular program after the loss of industry funding. AMDA state chapters, fellowship/residency programs, nursing home chains, and individual AMDA members successfully fund the 2009 program.

The Futures Program features a real-time blog by participant Sarah Payne, DO, to share her experience.

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2011

Held in conjunction with AMDA's annual conference, 67 young physicians connect with Certified Medical Directors (CMD) at a special reception designed to encourage mentoring relationships.

GAPNA sponsors the participation of a nurse practitioner to the program.

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2012

The Futures program was included in a grant under the Gateway Geriatric Education Center (GEC) through St. Louis University to expand the curricula to support the attendance of nurse practitioners and physician assistants to the national program.

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2015

Foundation partners with Saint Louis University's Geriatric Workforce Enhancement Program (GWEP) to expand Futures curricula to include all geriatric healthcare professionals (occupational, speech social workers) and support their attendance at the program.

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2019

Futures participate in a live recording of **AMDA On-the-Go** podcast in Atlanta. Futures participant Tiffany Rose, MSN, NP-C, wins the 2019 Howard Guterman Award for her poster "*Fall Reduction Program in a Skilled Nursing Facility: A Multidisciplinary Approach.*"

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2020

One-third of the participants from the Class of 2020 have a poster accepted to AMDA's annual conference.

# FUTURES COMMITMENT TO PALTC

## "Former Futures" Serve as Committee Chairs, Board Members and National Leaders in PALTC



*"The Futures Program was the inspiration for my career focused on long-term care. Maya Angelou says, "I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." I will never forget how "at home" AMDA members made me feel and it has remained my professional home ever since."*

**Cari Levy, MD, PhD, CMD, '02**  
**AMDA Past President; Futures Program Co-Chair**

*"The Futures Program helped me realize that I could make a career being an academic geriatrician pursuing quality improvement and research projects in the post-acute and long-term care setting ..."*

**Steven Handler, MD, PhD, CMD, '02**  
**Associate Professor Geriatric Medicine, University of Pittsburgh School of Medicine**



*"The Futures Program was an amazing introduction to the importance of being a trained, skilled, and engaged Medical Director. The Futures Program is like a welcome party to the AMDA Family. I am grateful for the ongoing support and encouragement from AMDA and fellow medical directors."*

**Laura Morton, MD, CMD, '05**  
**ABPLM Board Chair**



*"The Futures Program made me interested in nursing home medical direction."*

**Dallas Nelson, MD, FACP, CMD, '05**  
**ABPLM Board**

*"...I think for many people, this journey towards PALTC leadership begins at the Futures program so I will always be a strong advocate of the program."*

**Milta Little, DO, CMD, '10**  
**AMDA Board of Directors**

*"The Futures Program shed light on an area of medicine that I did not have formal exposure to during my training: Post-Acute and Long-Term Care Medicine. The connections and friends I made during that week formally launched my career. I jumped right in and AMDA embraced me and welcomed me to the family from the very beginning. I couldn't be happier!"*

**Christian Bergman, MD, CMD, '16**  
**AMDA clinical committees**  
**Futures Program subcommittee**

## PERSONAL REFLECTIONS



*"The Future's Program provided me a unique educational experience and exposure to the post-acute and long-term care continuum. If not for this program, I wouldn't be practicing in PALTC. My interest in medical direction began during the Future's Program and has lead me to be a nursing home medical director and CMD."*

**Julie K. Gammack, MD, CMD, '01**

*"Futures gave me a head-start and knowledge regarding a career in geriatrics. At the time I knew few physicians practicing in this field. Mentors were passionate about the program which was infectious. My interest in Geriatrics led me to my passion for Hospice — which I am board certified and is about 80% of my practice currently."*

**Christa Hoiland, MD, '01**



*"Thanks for 20 years of career guidance in the right direction. The AMDA conference has become an annual tradition for me since 2001."*

**R. Elliott Jackson, MD, CMD, '01**

*"The Futures Program gave me my first exposure to long-term care that, all too often, isn't available to residents during their formal training. Thank you AMDA and Janssen Pharmaceutical for making the inaugural Futures program possible!"*

**Phuc Huynh, DO, CMD, '01 (with staff)**



*"This program was an excellent experience for me and continues to be for our current fellows. I became excited about nursing home care after being exposed to the excellent faculty and their passion for nursing home residents and their health. We strongly encourage it for all our fellows."*

**Lynn McNicoll, MD, '01**



## PERSONAL REFLECTIONS

*"...the value of the Futures Program is the emphasis on both the hard and the soft skills of medical directorship. The hard skills are the medical care of PALTC residents and the regulations to which the facilities must comply. The soft skills are how to operate in a multidisciplinary group and how to change the care of docs, NPs, and PAs who see patients in your facility but do not report to you.*  
**Barbara Messinger-Rapport, MD, PhD, HMDC, CMD, '05**

*"I truly enjoyed my experiences as a Futures participant. I gained so much information from the program that I still build upon to this day. But more importantly, I met wonderful people with similar goals in providing the best care for our residents and patients. I found a professional home in the AMDA family and am proud to share the opportunity with future trainees."*  
**Laurie Archbald-Pannone, MD, FACP, MPH, '08**



*"I really enjoyed the program."*  
**Kathleen Unroe, MD, '09**



*"The Foundation Futures Program was a wonderful initiation into nursing home medicine and I have benefited from the knowledge and experience gained ever since."*  
**John Campbell, MD, CMD, '09**



*"I love the Futures Program. I made friends/colleagues in 2009 that I look for at AMDA each year (when we can meet in-person of course)! I encourage others to attend every year."*  
**Monica Ott, MD, CMD, '09**

*"With each session, I gained a whole new level of respect for what it means to be a medical director and for all of the responsibilities it entails."*  
**Joshua Uy, MD, '09**

## PERSONAL REFLECTIONS



*"The Futures Program was a memorable experience! I loved interacting with peers who shared an interest in long-term care medicine. I still remember some of the pearls and stories I heard from some of our instructors. Those principles have been reinforced through my own experience over the years. I love working in nursing facilities and I'm grateful for all of the training that I received, including the Futures Program."*

**Sarah Ross, DO, MS, CMD, '11**



*"Futures laid the groundwork for me to achieve an amazing career caring for patients in the post-acute and long-term care setting."*

**Laurie (Theriot) Roley, '11**



*"The Futures Program showed me all the facets of post-acute and long-term care. I remember everyone was so nice and friendly and passionate about their work. Additionally, the Futures Program reminds me of my fellowship mentor, Dr. Mary Cohan, who encouraged me to apply and sadly died of cancer a few years after I finished fellowship."*

**Delia Lee Takagi, MD, MPH, '15**

*"The Futures Program gave me a different and very interesting approach to geriatrics in long-term care....I'm really grateful for the opportunity!"*

**Tamara Morales-Serrano, MD, '15**

## PERSONAL REFLECTIONS



*"I was thrilled to be a part of the program in 2016. I was the only social worker in the group, but I remember feeling welcomed by everyone! It was also my first time at the PALTC conference and being a part of FUTURES helped me to feel connected in what otherwise would have been a very overwhelming experience. I am happy to report that just recently I was awarded my first NIH grant as PI, an R21 entitled **The Impact of Live Discharge from Hospice on Patients and Caregivers.**"*

**Cara Wallace, PhD, MSW, '16**



*"My experience as a 2016 Futures participant encouraged me to redirect my practice in geriatrics and focus my efforts towards achieving better: better outcomes for my patients, better practices surrounding inclusive healthcare in my community, and maintaining better self-care in order to continue advocacy and awareness regarding aging."*

**Jamyl Walker, MSN, APRN, AGNP-C, '16**

*"I still remember my first AMDA conference; it really did solidify my interest in caring for this population. Since then, I have started working on my Certified Medical Director (CMD) certification. I have served as an attending physician at one of our local nursing homes for the past 3 years. As an assistant professor with Duke Family Medicine, I help teach residents and students who will find themselves in leadership roles and caring for our post-acute and long-term residents in the future."*

**Tess Bayless, DO, '17**



*"The Future's Program was the most influential program I participated in during my geriatrics fellowship year. Often fellowship programs are small, so to be able to participate in the program with so many like-minded fellows and residents was truly remarkable. When speaking with residents with an interest in geriatrics and post-acute care, and certainly geriatrics fellows, I highly encourage them to participate."*

**Erika Hutz, DO, '19**

## PERSONAL REFLECTIONS



*"I really enjoyed listening to experts of medical directorship in LTC and PALTC facilities. You could feel the passion for their craft and residents. I learned valuable information that I will carry with me throughout my career."*

**Tammie Michael, DNP, AGPCNP-BC, APRN, '20**



*"The online educational seminars were well prepared and presented, all fellows should participate in this program."*

**David A. Coradin, MD, '20**



*"The Futures Program introduced me to a whole host of resources that I wouldn't have been able to access otherwise. I have networked with both alumni and presenters which really gave me a thorough understanding of PALTC before applying for a geriatrics fellowship this year. Thank you Futures Program!"*

**Ravnit Bhatia, MD, '20**

*"It was a privilege to be able to participate in the 2020 Futures Program. I learned so much from the lecturers and I cannot wait to continue to learn and be a part of this wonderful community!"*

**Andrea Landi, MD, '20**



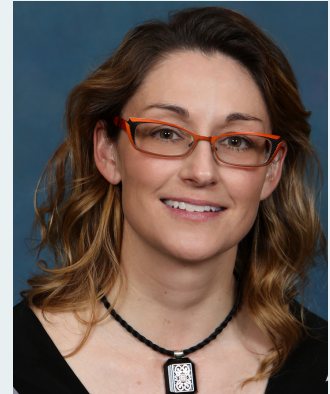
## 2001-2021 Program Chairs

The Foundation is tremendously grateful to the program chairs for their valuable contribution of their expertise, time, and talents with the Futures attendees over the past 20 years.

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Cheryl Phillips, MD, CMDR  
2001-2006



Cari Levy, MD, PhD, CMD  
2006-2017



Heidi White, MD, MHS, MEd, CMD  
2007-2017



Tochukwu "Toch" Iloabuchi, MD, CMD  
2017-2020



Jamehl Demons, MD  
2018-current

## 2001-2021 Program Faculty

The Foundation is tremendously grateful to the faculty and speakers for their valuable contribution of their expertise, time, and talents with the Futures attendees over the past 20 years.

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Patricia Bach, PsyD, RN  
Debra Bakerjian, PhD, APRN, FAAN, FAANP  
Michele Balduff, LPN  
Michele Bellantoni, MD, CMD  
Christian Bergman, MD, CMD  
Dan Bluestein, MD, MS, CMD  
Roger Bonds, MBA, FMSD, CMSR  
David Brechtelsbauer, MD, CMDR  
Thomas Caprio, MD, MPH, HMDC, CMD  
Charles Crecelius, MD, PhD, CMD  
Kimberly Curseen, MD  
Jamehl Demons, MD  
Bruce Dentler, MD, CMDR  
Andrew C. Eisenber, MD  
Jonathan Evans, MD, CMD  
Mary Evans, MD, CMD  
Anne Fabiny, MD  
Elizabeth Galik, PhD, CRNP  
Alex Garrido, MD, CMD  
Leonard Gelman, MD, CMD  
Suzanne Gillespie, MD, RD, CMD  
Murthy Gokula, MD, CMD  
Aval-Na'Ree Green, MD, CMD  
Daniel Haimowitz, MD, FACP, CMD  
Steven M. Handler, MD, PhD, CMD  
Christopher Herman, MD, CMD  
Kenneth Hertz, CMPE  
Tochukwu C. Iloabuchi, MD, CMD

Kevin Jackson, MD, CMD  
Ashkan Javaheri, MD, CMD  
Robert Kaplan, MD, FACP, CMD  
Jeffery Kerr, DO, CMD  
Keith Krein, MD, CMD  
Rajeev Kumar, MD, CMD  
Lyndon Lao, PT  
Larry Lawhorne, MD, CMD  
Thomas Lawrence, MD, CMD  
Karyn Leible, MD, CMD  
James Lett, II, MD, CMDR  
Cari Levy, MD, PhD, CMD  
Milta Little, DO, CMD  
Dheeraj Mahajan, MD, FACP, CMD  
Rick Martinez, MD  
Matthew McNabney, MD  
Barbara Messinger-Rapport, MD, PhD, HMCD, CMD  
John Morley, MB, BCh  
Laura Morton, MD, CMD  
Fatima Naqvi, MD, CMD  
Lindsey Rose Neal, MD, CMD  
Naushira Pandya, MD, FACP, CMD  
Meenakshi Patel, MD, MMM, CMD  
Christopher Patterson, MD, CMD  
David Polakoff, MD, CMD  
Cheryl Phillips, MD, CMDR  
Ann T. Riggs, MD, CMD  
Tiffany Rose, NP

Wayne Saltsman, MD, PhD, CMD  
Verna Sellers, MD, CMD  
Fatima Sheikh, MD, MPH, CMD  
David Smith, MD, CMD  
Richard Stefanacci, DO, MBA, CMD  
Daniel Swagerty, Jr., MD, MPH, CMD  
Eric Tangalos, MD, FACP, AGSF, CMD  
Catherine Theodorou, MD, RD, LDN  
Kristin Thrun, LNHA, MBA, MPH  
Edward Warren, MD, CMD  
Heidi White, MD, MHS, MEd, CMD  
Robert Zorowitz, MD, MBA, CMD  
Steven Zweig, MD, MSPH

**ATLANTA**



**GEORGIA**

THE CLASS OF  
**2001**



Foundation for PALTC Medicine

**FUTURES  
PROGRAM**

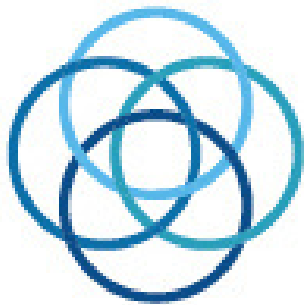
April Abrahamson, MD; Bruce Bonnell, MD; Michelle Broadwright-Moehl, MD; Maria Chong-Ramasute, MD; Bindu Chopra, MD; Sindy Chung MD; Mounir Darradji, MD; Nashat Fanos, MD; Dorothy Fisher, MD; Julie Gammack, MD, CMD; Ronald Garry MD; Terrie Ginsberg, DO; Donald Golden, MD; Susan Griffith, MD; Aireen Gutierrez, MD; Brian Heppard, MD, CMD; Christa Hoiland, MD; Cynthia Holzer, MD, CMD; Phuc Huynh, DO, CMD; R. Elliott Jackson, MD, CMD; Hadi Ladak, MD; Robyn Lazzara, DO; Irina Lelchuk, DO; Lisa Lipschutz, MD; Gerardo Lorenzana, MD; Venkatesh Madhav, MD; Robb McIlvried, MD; Lynn McNicoll, MD; Daniel Meetze, MD, CMD; Ram Miller, MD; Sumathi Misra, MD, MPH, CMD; Debra Mostek, MD, CMD; Dinh Pham, MD; Syed Rahman, MD; Aparna Ranjan, MD; Arun Rao, MD; Tara Reid, DO; Matthew Rios, MD; Joseph Shega, MD; Scott Sheldon, MD; Jayesh Sheth, MD; Marilyn Simkin, DO; Barry Simkin, DO; Michael Stockman, DO, CMD; Monique Vance, MD; Suresh Verghese, MD; Ashish Verma, MD; Qingping Wang, MD, PhD, CMD; Bernice, Wong MD

**SAN DIEGO**



**CALIFORNIA**

THE CLASS OF  
**2002**



Foundation for PALTC Medicine

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Kathryn Agarwal, MD; Yasmin Ansari, MD; Hal Atkinson, MD; Shahla Baharlou, MD; Nitin Budhwar, MD; Gwendolen Buhr, MD, MEd, CMD; Diane Chau, MD; Terry Clarbourn, MD; Ariel Cole, MD, CMD; Trina Cormack, MD; Thuy-Tien Dam, MD; Karl Dhana, MD, CMD; Cherylyn Dias, MD; Elizabeth Donohoe, MD; Karen Duckworth, MD; Yohannes Endeshaw, MD, MPH; Sherif Eskander, MD; Sharif Eusufzai, MD; Kimberly Evans, MD; Jodi Frantz, MD; Rey Gavino, MD; John Gilstad, MD; Karen Glasser Scrandrett, MD; Carol Griffin, MD; Shad Grubbs, MD, CMD; Afshan Hafiz, MD, CMD; Steven Handler, MD, PhD, CMD; Sayyed Hussain, MD; Jamshed Khan, MD; Heidi Klepin, MD; Michael Krastins, MD; Chinh Le, MD; Jean Lessly, MD, CMD; Cari Levy, MD, PhD, CMD; Elizabeth Lindenberger, MD; Cynthia Luck, DO; Mohamad Mamita, MD; David Matsumura, MD; Mary McDonald, MD; Karleen McNeal, MD, CMD; Amy Mohler, MD, CMD; Lainie Moncada, MD; Radhika Mudiayala, MD; Glenn Murphy, MD; Kumar Nanjagowder, MD, MS, CMD; Adaeze Okoye, MD, MPH; Birju Patel, MD; Tanyanika Reine, MD; John Richardson, MD; Rafael Salas, MD; Mark Sanders, DO, JD; Victorino Sandoval, MD; Asif Sheikh, MD; Michael Sherman, MD, PhD; Shirin Sukumar, MD; Paul Tatum, MD, CMD; Thuc-Nguyen Tran, DO; Peter Tran, DO; Monica Warhaftig, DO; Theodore Yee, MD; Daniel Zatreanu, MD





# THE CLASS OF 2003



## Foundation for PALTC Medicine **FUTURES PROGRAM**

Gregory Antkowiak, MD; Amit Arora, MD; Seki Balogun, MBBS, FACP, CMD; Olufemi Banjoko, MD; Beverly Barth, PhD, MD; Arusha Bavare, MD; Wai Chan, MD; Lily Chu, MD; Erica Cichowski, MD; John Culberson, MD, CMD; Germaine Cummings, MD; William Dale, MD; Rebecca Daniel, MD; Jatin Dave, MD, MPH; Anne Davis, MD; Param Dedhia, MD; Michelle Dietz, MD; Silas Gbenle, MD; Taylor Goodnough, DO; Geetha Govindaswamy, MD; Christopher Haines, MD; Regina Harrell, MD; George Hennawi, MD, FACP, CMD; Patricia Hutchinson, MD; Meenu Jacob, MD; Catherine Jin, MD, CMD; Lumie Kawasaki, MD; Tatyana Kemarskaya, RN, MD; Ammar Khalifa, MD; Hsu-Ko Kuo, MD, MPH; Steven La Fond, MD; Serge Lindner, MD; Izabela Lutostanska, MD; Homa Magsi, MD; Ali Mansour, MD; Saim Maqsood, MD; Sheni Meghani, MD; Abisola Mesioye, MD, CMD; Jacqueline Mohs, MD; Julie Moran, DO; Sivakumar Natanasabapathy, MD; Anne Olinger, MD; Zengling Peng, MD; James Rudolph, MD; Matthew Russell, MD, MS; Emile Sabbagh, MD, MPH, CMD; Maria Samsonov, MD; Tiffany Sanders, MD; Peter Sandgren, MD; Heidi Schmaltz, MD; Mahnoosh Seifoddini, MD; Youcef Sennour, MD; Elise Singer, MD; Heather Sobel, MD, CMD; Shanmugam Uthamalingam, MD; Haritha Vankireddy, MD; Janna Ver Miller, MD; Brian Vierling, MD; Man Quang Vu, MD; Stephanie Walker, MD; Robert Walters, MD, CMD; Mary Wonderly, MD

## NEW ORLEANS



LOUISIANA

THE CLASS OF  
**2005**



Foundation for PALTC Medicine

**FUTURES  
PROGRAM**

Sabina Agrawal, DO; Sik Kim Ang, MD; Arshad Aqil, MD, CMD; Muhammad Babar, MD, MBA, MSc, CMD; Shahid Babar, MD; Susan Berner, MD, CMD; Lisa Boyle, MD; Beth Ann Brubaker, MD; Erika Brudzinski, MD; Danelle Cayea, MD; Joan Chang, DO; Anna Chang, MD; Jen-Hau Chen, MD, MPH; Sanjay Dass, MD; M. Mayes DuBose, MD; Rich Elsey, MD; Nurum Erdem, MD; Kristin Foley, DO, CMD; Rachelle Gajadhar, MD; Adam Getzels, DO; Suzanne Gillespie, MD, RD, CMD; Gainneos Goldie, MD, CMD; Larisa Golub, MD, CMD; Ana Goncolves, MD; Susan Hastings, MD; Jennifer Heffernan, MD; Melinda Henderson, MD; Poonam Jain, MD, JD, CMD; Rita Jepsen, MD; Gregory Johnson, MD; Nabil Kamel, MD; Fahim Kazi, MD; Amy Kind, MD; Darin Lang, MD; Jennifer Larson, MD; Tae Joon Lee, MD; Duke Lee, MD; Barbara Messinger-Rapport, MD, PhD, HMDC, CMD; Chonlada Mokrue, MD; Jawad Munir, MD; Dallas Nelson, MD, FACP, CMD; Erin O'Fallon, MD; Ogugua Osi-Ogbu, MD; Kalai Parthiban, MD; Rojani Potu, MD; Mohammed Saeed Baig, MD; Carlos Salazar, MD; Maria Salinas, MD, MPH; Elizabeth Santos, MD; Mandi Sehgal, MD; Cheryl Seymour, MD; Mindy Shah, MD; Winnie Suen, MD; Mobolaji Suleiman, MD, CMD; Muhammad Syed, MD; Rufus Timberlake, MD; Elizabeth Toms, MD, CMD; Roger Tran, MD; Brian Vicuna, MD; Sara Wahba, MD

**SAN ANTONIO**

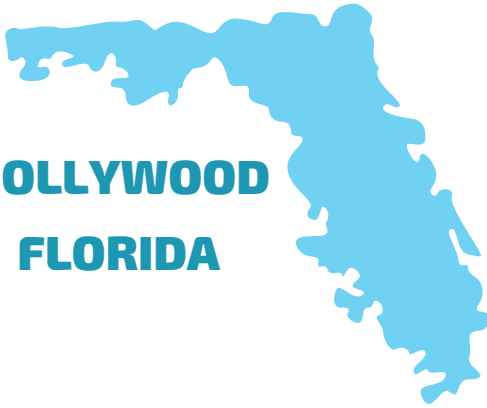


THE CLASS OF  
**2006**



Nasiya Ahmed, MD; Namita Ahuja, MD; Farzana Ajmal, MD; Ahmed Ali, MD; Basit Ali, DO; Vivian Argento, MD; Christina Bell, MD, PhD; Rachelle Bernacki, MD, MS; Mamta Bhatnagar, MD; Trigun Bhatt, MD; James Birch, MD, CMD; Jay Broton, MD; Sheryl Castro-Flores, MD; Oscar Cepeda, MD; Ding-Cheng Chan, MD; Rachel Chandy, MD; Joseph Chase, MD, CMD; Ayodele Erinle, MD; Christopher Espana, MD; Kimberly Garner, MD; Karol Gordon, DO; Lori Gourneau, MD; Lee Greer, MD; Margaret Helton, MD; Heather Herrington, MD; Donna Husmann, MD; Yasmeen Imran, MD; Shannon Jackson, MD; Saira Jamal, MD; Salma Jesmin, MD; Stuart Kanter, DO, CMD; Mian Khalid, MD; Helene Labonte, DO, FACP, CMD; Brian Lavery, MD; Baoan Le, MD; Seema Limaye, MD; Melissa Martin, MD, MPH, CMD; Priya Mendiratta, MD, CMD; Imran Minhas, MD; Susan Morris, MD; Rosette Odulio, MD; Susannah Ogunwo, MD; Bolanle Oyeyipo, MD; Nirav Pathak, MD; Mohan Reddy, MD, PhD; Barbara Roehl, MD, MBA; Ritu Rohatgi, DO; Ethel Smith-Bowen, MD; Neelofer Sohail, MD, CMD; Arun Solipuram, MD; Thuy Trinh, MD; Ana Tuyá, MD; Samina Uddin, MD; Chinelo Ude, MD; Kawita Vichare, MD; Amy Westcott, MD, CMD; Gari Worley, MD; Lisa Young, MD, MBA; Shanjian Zhu, MD

**HOLLYWOOD  
FLORIDA**



THE CLASS OF  
**2007**



Foundation for PALTC Medicine

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PROGRAM**

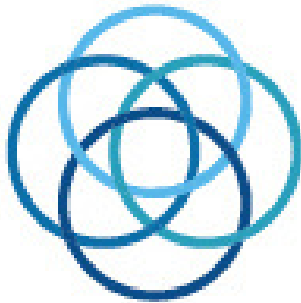
Deepshikha Bhasin, MD; Holly Biola, MD, MPH; Melissa Black, MD; Jeaudine Bontemps, MD; Rosemary Browne, MD; Djenita Butulija, MD, MPH; Rebecca Chatterjee, MD; Alfred Chiang, DO; Lwin Cho, MD; Victoria Costello, MD; Heather Cousins, MD; Holly Cranston, MD; Michelle Cunningham, MD; Racquel Daley-Placide, MD; Roopa De Chowdhury, MD; Mark Dela Cruz, MD; Maria Doubrovskaja, MD; Rina Eisenstein, MD; Radharani Eluri, MD; Hector Fabregas Cherenek, MD; Diane Faran, MD; Keron, Ferguson, MD; Anupama Gangavati, MD; Kristin Gaumer, DO; Mona Gupta, MD; Haroon Haque, MD; Carol Henry-Smith, MD, CMD; Raymond Holsten, MD; Sherif Isshak, MD; Prashant Jani, MD; Helen Kao, MD; John Kleckley, MD; Mohan Krishnamachary, MD; Vicki Latham, MD; Robert Lemons, MD; Andres Leone, MD; Asya Levy, MD; Helen Lum, MD; Srinivasa Madireddy, MD, CMD; Florin Olteanu, MD, CMD; Naga Oruganti, MD; Kalpana Padala, MD; Sing Palat, MD, CMD; Seema Parikh, MD; Shyam Randeria, MD; Lidia Rodriguez Carranza, MD; Corey Romesser, MD; Marc Rothman, MD, CMD; Bhagyalaxmi Rudravaram, MD; Diane Sanders-Cepeda, DO, CMD; Jhoanna Santos, MD; Abbas Sharif, MD; Mohammad Siddiqui, MD; M. Bachir Tazkarji, MD; Mylene Vicuna, MD; Megan Walters, MD; Andrea White, MD; Virginia Wright, MD; Aly Zewail, MD

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TEXAS



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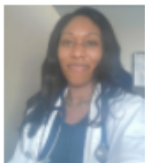
**PALTC21** MARCH 11-14  
VIRTUAL ANNUAL CONFERENCE

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Geriatric Medicine Fellow  
University of Alabama,  
Tuscaloosa, AL

**Arkansas**



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Medical Sciences- Geriatrics  
Department  
University of Arkansas, Little  
Rock, AR



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Program,  
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Phoenix, AZ



**Shane Speirs, MD**  
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Program,  
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Geriatric Medicine Fellowship  
University California San  
Diego, CA

**Colorado**



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University of Colorado  
Anschutz Medical Campus,  
Aurora, CO



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Avon, CO

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**Renee Hickson, MD**  
Geriatric Medicine Fellowship  
George Washington  
University Hospital,  
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AdventHealth, FL



**Carmen Almanzar, FNP-BC**  
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**Hawaii**



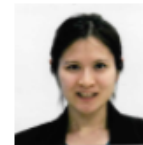
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Fellowship  
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**Daniel Mueller, MD**  
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Medicine Residency of  
Idaho  
Boise, ID

**Illinois**



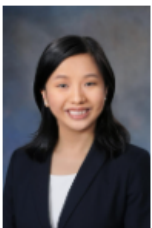
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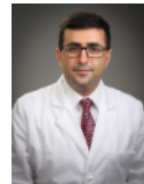


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**North Carolina**



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Duke University, Durham, NC



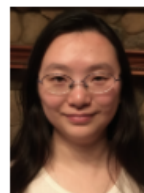
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Medicine Fellowship  
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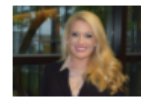
Tennessee



**Kristin Hines, MD**  
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**Hannah Stewart, MD**  
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**Chelsea Rick, DO**  
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**Willibrod Maimo, MD**  
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Center  
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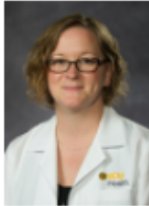
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**Cristian Vasilescu, MD**  
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Wyoming



**Renae Hepfner, DO**

Family Medicine Residency  
University of Wyoming  
Casper, WY

# Futures & CMD Welcome Reception



Futures Program participants from around the country mingle at the Welcome Reception

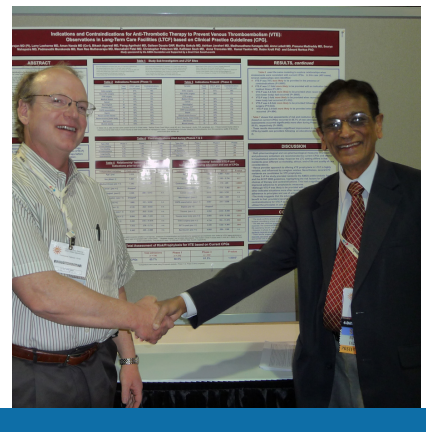
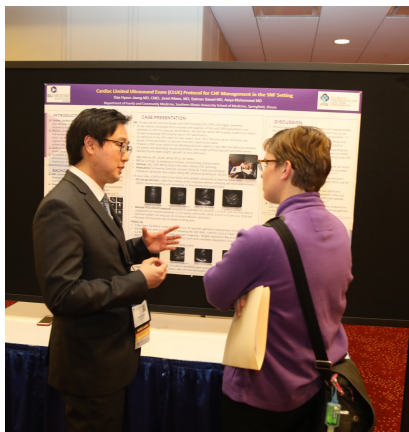


# EVENTS

## Building a network of colleagues



# Poster Presentation at The PALTC Annual Conference





# EVENTS

## Attending the PALTC Annual Conference



## YOUR SUPPORT

# Makes a Difference

The Foundation would like to thank the many sponsors for their generous donations and support of the **FUTURES PROGRAM over the years.**

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Not only do the chapters provide monetary support for the program, but they encourage medical residents, fellows, and advanced practitioners in their region to embrace careers in PALTC medicine and support their application for this popular program.

|   |   |
|---|---|
| Alabama Medical Directors Association             | Missouri Association of LTC Practitioners   |
| California Assn of LTC Medicine                   | Nebraska Medical Directors Association      |
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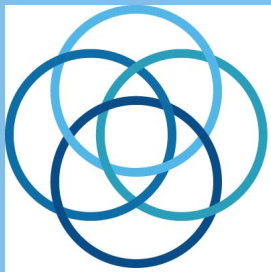
When you donate to the Foundation, a 501(c)(3) organization, your tax-deductible gift helps us to further our mission to support the quality of life for persons in the PALTC spectrum through the development of clinical resources, recognizing and inspiring future and current practitioners, and demonstrating the value of a trained and engaged workforce.

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