



## Cognitive Compass: Proactive Pathways to Assessing Brain Health

PALTmed Pennsylvania cordially invites you to attend an CME/CE-certified live webinar titled, “*Cognitive Compass: Proactive Pathways to Assessing Brain Health*.” This activity will improve the knowledge, skills, and performance of learners to promote better practices in preserving brain health and preventing cognitive decline.

**Wednesday, September 17, 2025**

**Virtual Meeting:**

06:30 PM – 07:30 PM

### FACULTY PRESENTER

**Cari Levy, MD, PhD, CMD**

*Goodstein Professor of Medicine*

*Division Head, Geriatric Medicine*

*Director, Multidisciplinary Center on Aging*

*Department of Medicine*

*University of Colorado School of Medicine*

*Aurora, Colorado*

### Agenda

- Brain Health Preservation and Early Detection of Cognitive Decline
- Discussing Brain Health With Patients as a Routine Part of Clinical Practice
- Identifying and Managing Modifiable Risk Factors for AD and Dementia
- Clinical Takeaways and Question and Answer Session

**Target Audience:** This program is intended for healthcare professionals practicing in the United States who care for patients at risk for cognitive decline, including primary care practitioners, nurse practitioners, physician associates, general neurologists, geriatricians, as well as a secondary audience of psychiatrists and OB-GYNs.

### Learning Objectives

Upon completion of this activity, learners should be able to:

- Analyze the benefits of optimizing brain health to prevent cognitive decline before it occurs
- Apply best practices for discussing brain health and cognitive decline with patients during routine care
- Assess modifiable risk factors for cognitive decline and dementia at patient visits

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Provided by Clinical Care Options (CCO) in Partnership with Practicing Clinicians Exchange (PCE), Smart Patients, and Post-Acute and Long-Term Care Medical Association (PALTmed)  
Supported by an educational grant from Lilly.



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**For full accreditation information:**

<https://www.clinicaloptions.com/2025brainhealthchapters>

**Accreditation Statements**

In support of improving patient care, Clinical Care Options, LLC (CCO) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

**Physician Continuing Medical Education**

CCO designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nursing Continuing Professional Development**

The maximum number of hours awarded for this Nursing Continuing Professional Development activity is 1.0 contact hour.

**Physician Associate Continuing Medical Education**



Clinical Care Options, LLC has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.0 AAPA Category 1 CME credit. PAs should only claim commensurate with the extent of their participation.

**American Board of Internal Medicine Maintenance of Certification**



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 1.0 MOC point in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

For ABIM MOC points, your information will be shared with the ABIM through CCO's Joint Accreditation Program and Activity Reporting System (JAPARS). Please allow 6-8 weeks for your MOC points to appear on your ABIM records.

By sharing your Diplomate Board ID # and DOB, you are giving Clinical Care Options, LLC permission to use this information/data to report your participation to these Boards via the Joint Accreditation Program and Activity Reporting System (JA-PARS).

**CME for MIPS**



Completion of this accredited CME activity meets the expectations of an Accredited Safety or Quality Improvement Program (IA\_PSPA\_28) for the Merit-based Incentive Payment Program (MIPS).

In order to fulfill requirements for MIPS improvement activity, learners will need to fill out 2 brief follow-up surveys at 30 and 90 days post activity.

**CME Passport**



The CME credits that physicians earn from this activity will be submitted to ACCME's CME Passport, a free, centralized web application where you can create a personalized account to view, track, and generate transcripts of your reported CME credit. Visit [www.cmepassport.org](http://www.cmepassport.org) to create your account.

**Disclosure of Conflicts of Interest**

Clinical Care Options, LLC (CCO) requires instructors, planners, managers, and other individuals who are in a position to control the content of this activity to disclose all financial conflicts of interest (COI) they may have with ineligible companies. All relevant COI are thoroughly vetted and mitigated according to CCO policy. CCO is committed to providing its learners with high-quality CME/CE activities and related materials that promote improvements or quality in healthcare and not a specific proprietary business interest of an ineligible company.

Disclosures will be made known to learners before the activity.

***We invite you to share this event with your colleagues by forwarding this email.***

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