

92% OF FUTURES PROGRAM PARTICIPANTS SAID THEY GAINED VALUABLE SKILLS AND EXPERIENCES.



EXPLORE A REWARDING CAREER IN POST-ACUTE AND LONG-TERM CARE (PALTC) MEDICINE THROUGH THE FUTURES PROGRAM

WHY PALTC NEEDS YOU

By 2030, 3.5 million more health-care professionals will be needed to care for our aging society.

To meet this growing demand, Post-Acute and Long-Term Care Medical Association (PALTmed) invites clinical professionals early in their career to join PALTmed's Futures Program, a PALTC workforce development initiative.

Whether you're a physician, nurse practitioner, physician assistant, pharmacist, social worker or other health-care professional, a career in PALTC is very fulfilling.

ABOUT THE FUTURES PROGRAM

The year-long program begins with an intensive one-day learning experience during PALTC26, PALTmed's Annual Conference. You will be introduced to the numerous career opportunities in PALTC and network with those who work in the setting.

Following PALTC26, *Futures Connect*, our virtual program, provides ongoing resources and opportunities to network with PALTC leaders and colleagues.

BENEFITS

- Admission to the Futures Program on March 26, 2026
- Registration to PALTC26 - PALTmed's Annual Conference from March 26-28, 2026, in Anaheim, CA
- One year of PALTmed membership
- Access to *Futures Connect* for discounted resources and networking opportunities

ELIGIBILITY

- PGY II or III Internal Medicine or Family Physician Residents
- PGY IV or V Geriatric Medicine Fellows
- Advanced Nurse Practitioners or Physician Assistants
- Allied Health professionals completing their training

Previous participants are not eligible to apply

APPLICATION PROCESS

Applicants must complete an online application and submit:

- Curriculum Vitae (CV)
- Letter of interest describing your interest in PALTC and how you think you'll benefit from the program (300 words or less)
- Letter of support from your Program Director or a PALTmed member

Visit paltmed.org to submit your application by November 10, 2025.



For me, participating in the Futures Program was life-changing. It gave me a vision for what a career in post-acute and long-term care medicine could be and provided me with a community that has helped me realize that vision."

Suzanne Gillespie, MD, RD, CMD
Futures Class of 2005
2022 PALTmed President



I think for many people, this journey towards PALTC leadership begins at the Futures Program, so I will always be a strong advocate of the program."

Milta Little, DO, CMD
Futures Class of 2010
2023 PALTmed President



My experience as a Futures participant encouraged me to redirect my practice in geriatrics and focus my effort towards achieving better: better outcomes for my patients, better practice surrounding inclusive healthcare in my community, and maintaining better self-care to continue advocacy and awareness regarding aging."

Jamyl Walker, MSN, APRN, AGNP-C
Futures Class of 2016

This workforce development program is made possible by funding from the Foundation for PALTC Medicine.



9891 Broken Land Parkway
Suite 101
Columbia, MD 21046
www.paltmed.org

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