



ELEVATE

YOUR EXPERTISE

 **PAL**med Certified Medical Director Program

PALTmed Certification Program



The Certified Medical Director (CMD) credential is an experiential and education-based certification offered by the Post-Acute and Long-Term Care Medical Association (PALTmed).

Physicians who are awarded the CMD credential have demonstrated they have the knowledge, expertise, and professional standing to assume a medical leadership role in PALTC.

Journey to Certification

- The body of knowledge required for certification is found in the Core Curriculum on Medical Direction in PALTC.
- There is no exam.
- Recertification is required every 6 years.



Journey to Certification

Qualifications	Experience
• ACGME/AOA or Canadian post-grad program or relevant U.S. post-grad training and state licensure. • Unrestricted state license as an MD or DO (or Canadian equivalent). • Completion of PALTmed's Core Curriculum on Medical Direction within the past five years.	• Spend at least 8 hours a month as a medical or associate medical director in PALTC. • At least 1 year of experience as a clinician in PALTC within the past five years.

Core Curriculum on Medical Direction in PALTC

The Core Curriculum offers comprehensive instruction on management and leadership within PALTC settings.

Key Focus Areas Include:

- Leadership Skills
- Regulations, Surveys, and Responding to Deficiencies
- Medical Direction Beyond the Nursing Home Walls
- Organizational Structure, Culture, and Relationships
- Employee Health and Safety
- Infection Prevention and Control
- Quality Management

Get full details at
paltmed.org/core:



Certification Drives Better Outcomes

Facilities with Certified Medical Directors experience:



21.6% less ED
visits per 1,000
long-stay
resident days



7.8% fewer
hospitalizations
per 1,000 long-
stay resident days



4.4% more short-
stay residents
successfully
discharged

Based on national SNF claims (Jan–Dec 2021) and CMS Nursing Home Care Compare data (July 2022)

Value of Certification

- ✓ Distinguish yourself with a respected credential.
- ✓ Showcase your dedication to high standards.
- ✓ Access new leadership opportunities.
- ✓ Improve your practice with specialized knowledge.



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Ready to apply?

Learn more at *paltmed.org/certification*
or scan the code below!

