

REGISTER TODAY!

MMDA's 33rd Annual CONFERENCE



EMPOWERING PALTC FOR TODAY'S CHALLENGES
LEVERAGING AI, POLICY & CLINICAL UPDATES IN YOUR PRACTICE



Saturday, Oct. 3, 2026




INGLESIDE
AT ROCK CREEK

3050 Military Road, NW
Washington, DC 20015

Register Online!



 (561) 689-6321

 <https://connect.paltmed.org/midatlantic/home>

 MMDAwebsite@gmail.com

MMDA serves medical directors, attending physicians, advanced practice nurses, and consultant pharmacists in SNFs throughout Maryland, Delaware, and Washington, D.C.

MMDA's 33rd Annual Conference Agenda, Saturday, Oct. 3, 2026

Empowering PALTC for Today's Challenges Leveraging AI, Policy & Clinical Updates in Your Practice

- 7:30-8:30 am **Registration** – Coffee and Continental Breakfast with Sponsors
- 8:30-8:35 am **Welcome: Fatima Naqvi, MD, CMD** – President, MMDA; Elisa Gil-Pires, MD, FACP, CMD; Chair, Education Committee, VP, MMDA; Karen Cousins, MD, CMD; Co-Chair, Education Committee; Jason Basile, MHA, NHA, CRCFA; Executive Director, Ingleside at Rock Creek
- 8:35-9:35 am **Session #1 – Legislative & Public Policy Update (1.0)**
Alex Bardakh, MPP, CAE, PLC; Senior Director, Advocacy and Strategic Partnerships, Post-Acute and Long-Term Care Medical Association.
Moderator: Fatima Naqvi, MD, CMD
- 9:35-10:35 am **Session #2 – Amyotrophic Lateral Sclerosis vs. Multiple Sclerosis: Approaches to Management at PALTC – Two Patients, One Admission, Divergent Destinies (1.0)**
Dominique Luong Vinh, MD, MBA, CMD; Adjunct Assistant Professor, Physical Medicine and Rehabilitation, Johns Hopkins School of Medicine Faculty
Moderator: Elisa Gil-Pires, MD, CMD
- 10:35-11 am **Visit with Exhibitors**
- 11-11:45 am **Session #3 – Update From the Office of Health Care Quality, Maryland Dept. of Health (0.75)**
Josie Ogaitis, RN, MS; Chief Nursing Officer, Office of Health Care Quality
Moderator: Sadia Baqai, MD, CMD
- 11:45 am-12:15 pm **Session #4 – Literature Review (0.5)**
Pavetri Dwivedi, DO, MPH
Moderator: Ziad Mirza, MD, CMD
- 12:15-1 pm **Exhibit Time/Lunch & Annual Business Meeting – Dr. Fatima Naqvi, President, MMDA**
Presentation of Awards
- 1-2 pm **Session #5 – Use of AI in Nursing Homes (1.0)**
Steven Buslovich, MD, MSHCPM; Chief Medical Officer, PointClickCare
Michael Healey, Vice President, Health Products, Saisystems Health & Digital
Moderator: Karen Cousins, DO, CMD
- 2-2:45 pm **Session #6 – Miriam Bennet and Joan Carpenter, Grant & Research Opportunities (0.75)**
Moderator: Tahira Lodhi, MD, CMD
- 2:45-3 pm **Visit with Exhibitors**
- 3-4:30 pm **Session #7 – Effective Goals of Care Conversations (1.5)**
David S. Wu, Senior Advisor, Education & Outreach, Gilchrist, Columbia, MD
Moderator: Fatima Sheikh, MD, CMD
- 4:30-5:30 pm **Session #8 – Knowing Your Legal Role & Responsibility in Certifying Guardianships (1.0)**
Christopher M. McNally, Esq.; Partner, Bodie, Friddell & Grenzer, P.C.
Moderator: Scott Haswell, MD, CMD
- 5:30 pm **Closing Remarks/Door Prizes/Adjourn**

Speakers and topics are subject to change without notice.

Annual Conference Description

This program is designed to provide a review and update of major geriatric diseases, illnesses, and risks found in nursing home patients, residents of assisted living facilities, those under hospice care, and seniors living at home. Topics covered this year include: Amyotrophic Lateral Sclerosis vs. Multiple Sclerosis: Approaches to Management at PALTC – Two Patients, One Admission, Divergent Destinies ❖ Effective Goals of Care Conversations ❖ Grant & Research Opportunities ❖ Knowing Your Legal Role & Responsibility in Certifying Guardianships ❖ Legislative & Public Policy Update ❖ Literature Review ❖ Regulatory Update

Target Audience

This conference is designed to educate physicians, medical directors, advanced practice nurses, physician assistants, directors of nursing, registered nurses, long-term care administrators, and other disciplines in PALTC. The faculty includes national and regional authorities in the fields of post-acute, and long-term care medicine, medical direction, senior care pharmacology, and geriatric medicine.

Annual Conference Objectives

Upon completion of MMDA's 33rd Annual Conference, participants should be able to:

1. Discuss the professional challenges facing medical directors, attending physicians, advanced practice nurses, physician assistants, directors of nursing, and administrators practicing in the continuum.
2. Describe the advances in theoretical and clinical knowledge impacting individuals affected by medical issues in the PALTC continuum.
3. Describe examples of evidence-based practice and multidisciplinary approaches to enhance outcomes in various health care settings.
4. List examples of evidence-based practice as it pertains to post-acute and long-term care medicine.



Register online today!

<https://midatlantic.paltmed.org/home>

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MMDA's 33rd Annual Conference



Early-Bird DEADLINE is Sept. 19, 2026

Ingleside at Rock Creek

3050 Military Road, NW | Washington DC 20015 | Phone: (202) 499-6543

Saturday, Oct. 3, 2025

CONFERENCE REGISTRATION

I am a: _____ Physician _____ Medical Student or _____ Nursing Student
 {Please check one} _____ Nurse Practitioner _____ Medical Resident or _____ Nursing Resident
 _____ Nurse _____ Medical Fellow or _____ Nursing Fellow
 _____ Physician's Assistant _____ Administrator/Administrative Staff
 _____ Other Health Professional: _____

Name: _____ Credentials: _____ Phone: _____

Street: _____ State: _____ ZIP: _____

Email: _____ FAX: _____

MMDA relies on exhibitors and sponsors to help support the organization. We hope that you will opt-in to sharing your contact information with our supporters as they promote their presence at MMDA's 33rd Annual Conference. By checking this box, I consent to have MMDA share my contact information with conference exhibitors and sponsors.

Early-Bird Registration Fees (Until Sept. 19)

- MMDA Members**\$225
- Non-Members**\$250

Post-Early-Bird Registration Fees (Starting Sept. 20)

- MMDA Members**\$250
- Non-Members**\$295
- Students, Residents & Fellows**.....NoFee

I am Renewing/Joining MMDA - 1-Year Membership

- GENERAL MEMBER:** Physicians, NPs, and PAs in practice.....\$150
- AFFILIATE:** Nurse, DON, DDS, CNS, PharmD, DPM, NHAs and trainees in all disciplines.....\$75
- EMERITUS**.....\$95 (Retired)
- Students, Residents & Fellows**.....No Fee

Total fees and/or dues enclosed: \$ _____

Vendors: Attendee registration fees are not offered to vendors, unless their company is already a sponsor or you are a licensed practitioner.

Payment by check enclosed; Payment submitted at <https://midatlantic.paltmed.org/home>; Payment by credit card below

Visa Name on Card: _____

MasterCard Card Number: _____

American Express Expiration: _____ Security Code (3 or 4 digits): _____

Billing Address ZIP Code: _____ Phone: _____

Email: _____ Fax: _____

Cardholder's Signature: _____ Date: _____

Please Help Us Better Process Your Registration: 1. Yes, I would like to make a special meal request and we will try to accommodate you. Contact mmdawebsite@gmail.com 2. Yes, I am a 1st-time attendee. 3. NOTE: Due to space limitations, planned conference meals are provided only to registrants and exhibitors.

Make payments payable to MMDA and mail to: MMDA, c/o Corecare Associates

3123 Breakwater Court, West Palm Beach, FL 33411 • Phone: (561) 689-6321; Fax: (561) 689-6324; Email: mmdawebsite@gmail.com

CANCELLATION POLICY: All registration cancellations must be made in writing to MMDA. Notices should be emailed to: mmdawebsite@gmail.com or faxed to (561) 689-6324, Attention: Registration Cancellations received by **Sept. 5, 2026**, will receive a refund less a \$50 administrative fee. Cancellations received after Sept. 12, 2026, will be refunded one-half of the registration fee using the same method they were paid. Please allow 2 to 3 weeks for refund if payment was made by check. Cancellations after **Sept. 19, 2026**, will result in the forfeiture of all registration fees. If you do not attend, you forfeit all registration fees. Partial or full registration fees that have been forfeited will not be applied to subsequent meetings and events. Absolutely no exceptions will be made to the cancellation policy.



Area Map



3050 Military Road, NW
Washington, DC 20015



Hotels: Within 2 miles of IRC

-  Courtyard Bethesda Chevy Chase
-  Embassy Suites by Hilton



Food: Within 1 mile of IRC

- Little Beast Cafe & Bistro
- The Avenue
- Parthenon Greek Restaurant
- Bread & Chocolate
- Momma Lucie's Cafe

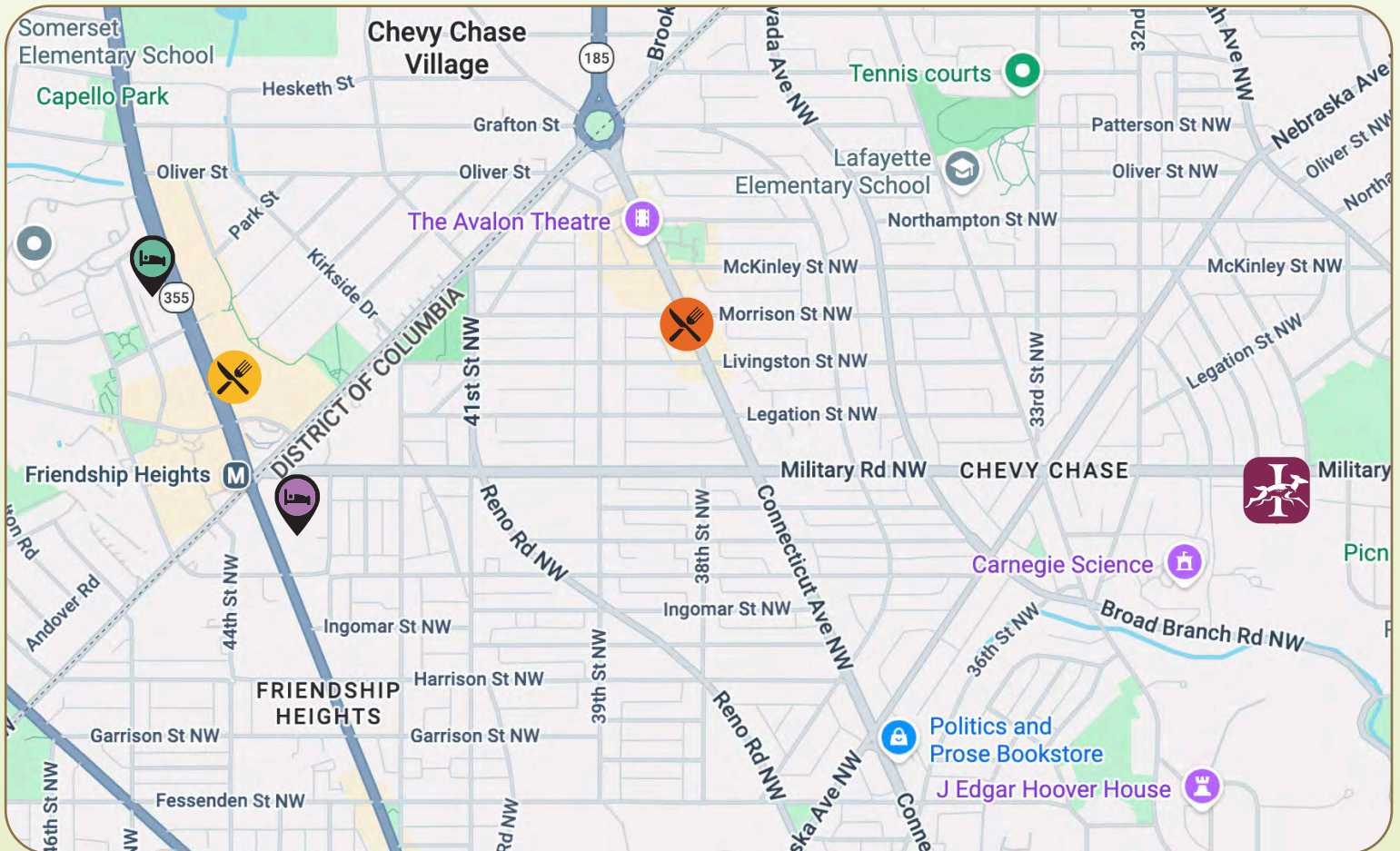


Food: Within 2 Miles of IRC

- Clyde's
- Lia's
- Jay by Seven Reasons
- The Capital Grille
- Maggiano's Little Italy
- Sushiko



Ingleside at Rock Creek (IRC)



Save Big! Join MMDA Today and Your Membership Will Run Through Dec. 31, 2027.*

At the forefront of Post-Acute and Long-Term Care (PALTC) Medicine, MMDA – The Mid-Atlantic Society for PALTC Medicine (MMDA) invites you to join our esteemed community of healthcare professionals dedicated to excellence in patient care. Membership with MMDA offers you unparalleled opportunities for networking, education, and professional growth. Here are a few of the benefits of membership:

- ▶ Networking Opportunities
- ▶ Education and Training
- ▶ Advocacy and Recognition
- ▶ Resources and Support
- ▶ Exclusive Member Benefits
- ▶ Leadership Opportunities
- ▶ Join us in Advancing Excellence
- ▶ Special Member Discount Fees for the Annual Conference.



 *Elevate Your Practice*

* Whether you are a current member, new member, or returning after 3 years – this special, 1-time offer is applicable to everyone.

Conference Quick Links

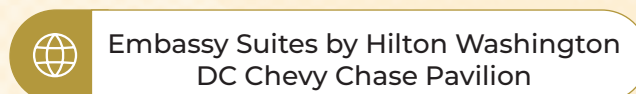
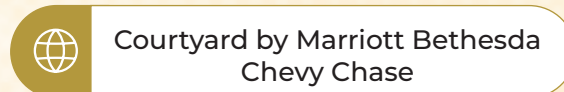
Don't miss the Sep. 19 Early-Bird deadline!

Click here to register for the 33rd Annual Conference and take advantage of the discounted member rate.



Hotels

These two hotels are both less than two miles from the venue.



AERIAL MAP OF THE CAMPUS AT INGLESIDE AT ROCK CREEK, WASHINGTON, D.C.

Parking for MMDA's 33rd Annual Conference will be on the campus of Ingleside at Rock Creek, 3050 Military Road NW, Washington, DC 20015. The yellow highlighted areas below are the designated parking spots for our conference. They are available near building 8 (on the map below) identified as Residences at No. 8 & 9, where our Annual Conference will be held.

