PALTmed 27
Annual Meeting • Albuquerque, NM



Pre-Conference Workshop

Point-of-Care Ultrasound Hands-On Workshop

Wednesday, March 17, 2027 | **1:00 PM – 5:00 PM MT** | **Albuquerque, NM**

Ticketed Session: $320

To sign up, simply add the Pre-Conference Workshop to your Annual Meeting registration during checkout. Limited seating available. In-person attendance required.

Overview

Explore how point-of-care ultrasound (POCUS) can support clinical assessment in post-acute and long-term care. This introductory workshop is designed for physicians, medical directors, nurse practitioners, physician associates, and other PALTC clinicians with limited or no POCUS experience.

Through brief lectures, case discussions, and small-group practice at six hands-on stations, participants will learn basic ultrasound operation, practice obtaining bladder and lung images, and distinguish normal from abnormal findings. Experienced faculty will guide participants as they work with ultrasound equipment and live models, focusing on evaluating urinary retention and identifying common lung findings.

Main Topics

- Introduction to POCUS and its applications in PALTC
- Bladder ultrasound for evaluating urinary retention
- Lung ultrasound for identifying common lung pathology

Educational Need and Practice Gap

POCUS can enhance clinical assessment, yet its use in PALTC remains limited. Formal training opportunities tailored to this setting are scarce, and many clinicians have little experience using ultrasound. This workshop introduces practical bladder and lung assessment skills that participants can begin incorporating into their clinical practice.

Learning Objectives

By the conclusion of the workshop, participants will be able to:

- Describe POCUS and its applications in PALTC.
- Demonstrate basic ultrasound operation and obtain basic images.
- Assess for urinary retention using POCUS.
- Differentiate normal from abnormal lung ultrasound findings and describe common features of lung pathology.

Target Audience

- *Professional Role:* Physicians, medical directors, chief medical officers, nurse practitioners, physician associates, nurses, directors of nursing, and administrators.
- *Career Stage:* Medical students through late-career professionals.
- *PALTC Experience:* New and experienced professionals.
- *Teams or Leadership Affiliation:* Business leadership, clinical leadership, interdisciplinary teams, and PALTC leadership.
- *Care Setting:* Assisted living, nursing and skilled nursing facilities, CCRCs, PACE, home health, hospice, post-acute care settings, and LTACHs.

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Program Schedule

Time	Group A	Group B
1:00 - 1:30 PM	Welcome and Introduction lecture	
1:30 - 1:40 PM	Rule-out - Acute urinary retention (AUR)	
1:45 - 2:25 PM	Pulmonary lecture	Hands-on: Machine Basics + AUR
2:30 - 3:10 PM	Hands-on: Machine Basics + AUR	Pulmonary lecture
3:15 - 3:50 PM	Hands-on: Pulmonary	Case studies
3:55 - 4:30 PM	Case studies	Hands-on: Pulmonary
4:35 - 5:00 PM	Skills sign off Image identification Q&A Wrap-up	Skills sign off Imaging identification Q&A Wrap-up
5:00 PM - 6:00 PM	One-On-One training for Ultrasound Models by Dr. Janice Boughton	

Credit Statements

This workshop will offer 4.0 hours of *AMA PRA Category 1* Credits™/CMD clinical Credit. All accreditation information, including disclosure information of the planners and faculty, will be found on the annual meeting website, online planner and mobile app.

REGISTER

paltmed.org/paltmed27/registration

Planners and Faculty

Lior Abramson, MD, MS
Janice Boughton, MD
Karl M Dauphinais, MD, MSS, FACP, CMD
Kristin Hueftle, MD, CMD
Usama Khalid, MD
Tanner McGuire, MD
Ben Rosenstein, MD
José Luis Sánchez-Rodríguez, MD, PhD
Courtney Sedillo
Sabine von Preyss-Friedman, MD, FACP, CMD, FPALTC

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